

New Orleans Neck Pain

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If you've ever had it, you know that neck pain can be quite agonizing. The neck is a flexible, sensitive part of the body that has to be moved repeatedly throughout the average day. When a problem affects your neck's range of motion, you'll find yourself helpless when it comes to performing your everyday activities.

Neck pain can be caused by numerous factors; abnormalities of the muscles and ligaments in the neck can lead to prolonged neck pain, as well as injuries to the neck and overusing the neck's muscles. If you experience intense neck pain after a car accident or sports injury, it's important to discuss the matter with a professional immediately. Also, if your neck pain is accompanied by headaches, numbness, or tingling you should seek proper medical care.

When it comes to treating neck pain, the solution depends on the source of the problem. Some neck pain problems can be treated by merely resting, while more serious cases may require surgery. To get your problem properly diagnosed, it is advised to seek the opinion of an orthopedist or a chiropractic expert. These professionals isolate the source of the problem via a physical examination and a questionnaire regarding the pains that you are feeling. If the problem appears to be serious, an MRI test may be performed to allow the professional to evaluate the spinal cord as well as the roots of the nerves.

Most cases of neck pain are solved by a rigorous rehabilitation schedule, allowing for proper exercise of the muscles of the neck as well as many other physical therapy-related solutions. One expert that has a history of experience in the world of neck pain is Dr. Gordon DuBois. Operating out of New Orleans Chiropractic, Gordon has a vast knowledge of neck pain, having practiced chiropractic care in the New Orleans area for over 10 years (over 30 in practice). Your body is your responsibility, and Dr. Dubois provides the utmost in patient care and treatment.