

New Orleans Sciatica

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Sciatica is a relatively common problem that can cause intense low back pain and leg pain. The sciatic nerve is the source of this problem, and it runs from the lower back all the way down to the back of both legs. When one of the roots that make up the sciatic nerve gets pinched or irritated in one way or another, it can lead to agonizing pain.

Herniated discs of the spinal cord can also cause pressure to be placed on the sciatic nerve, activating a sciatica problem. While the pain associated with sciatica can decrease over time, it's important to get a proper opinion on the condition to ensure that it is not debilitating.

To better diagnose a problem with sciatica, there are a number of symptoms that are exclusive to the condition. If you experience pain in the back of only one of your legs, and the pain gets worse when you are sitting down, you may have sciatica. Also, weakness, numbness, tingling, or burning sensations in one of your legs can denote a sciatic problem. A constant plaguing pain in one of the buttocks may also be due to sciatica, as well as feeling a pain that causes you to have difficulty with standing up.

When it comes to treating sciatica, there are a few options. The first, and most commonly employed method of dealing with the disease is manual treatment, including physical therapy and manual manipulation of the central nervous system via a treatment from a chiropractor. Medical options are also available, including anti inflammatory drugs to help bring down irritation and oral steroids to also aid healing. For those with advanced sciatica, surgery can be performed to help remove part of the herniated disc that may be causing the problem.

When it comes to getting chiropractic care to treat your sciatica, there is only one true option. Dr. Gordon DuBois is an expert of the finest stature when it comes to treating problems such as sciatica, having worked for over thirty years in the field. Operating out of his New Orleans Chiropractic clinic, choosing Dr. DuBois for your chiropractic needs is a sure bet when it comes to treating your problem and walking away satisfied with the results.