

New Orleans Applied Kinesiology

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Applied kinesiology is a process that was created by George Goodheart. An alternative form of therapy, applied kinesiology is based in the sciences of chiropractic care. According to the American Chiropractic Association, applied kinesiology is one of the 15 most commonly employed techniques in chiropractic clinics throughout the United States.

The study conducted by the ACA showed that a full 42.3 percent of all American chiropractors used the procedure. The methodology employed by this form of diagnoses relies on "muscle testing". It is believed that illness, nutritional imbalance and even emotional distress will cause the body to be "weak" in response to muscle testing. Employing manual manipulation of the central nervous system, applied kinesiology is used as a diagnostic tool so that a chiropractor may be more accurate when choosing which therapy is right for the patient.

Tests employed by chiropractors who use applied kinesiology include many different muscle examinations. Applied kinesiology proponents feel that physical and mental problems may be associated with dysfunction of the body's muscles. The chiropractors that perform this method often test a muscle's strength once, then place a substance near the area being tested and test again. If the muscle doesn't appear to be as powerful when the substance is around, the practitioner may determine that the weakness evident in muscle-testing is an indication that the patient is responding negatively to that substance, and should avoid it in everyday life. At a minimum, the patient will need to be "cleared" of the response. The actual muscle tests performed in applied kinesiology vary from practitioner to practitioner and choosing the right chiropractic expert is of the utmost importance. To that end, Dr. Gordon DuBois of the New Orleans Chiropractic clinic can provide the chiropractic care that you need. Working in the New Orleans area for over thirty years, he is truly an expert in his field and his quality is unmatched.